



# Music & Medicine SERIES



Waterbury  
**Symphony** Orchestra

## **Andrew Schulman: Waking the Spirit**

A virtual exploration of Music and Medicine, featuring best-selling author and guitarist, Andrew Schulman

**Saturday, August 29, 2020 · 7:30 PM**

### Welcome

Dr. Steven Schneider, President & CEO  
St. Mary's Hospital

### Opening Remarks

Robert Cinnante, Executive Director  
Waterbury Symphony Orchestra

### Introduction

Dr. Vincent de Luise, Cultural Ambassador  
Waterbury Symphony Orchestra

### A Conversation with Andrew Schulman

Andrew Schulman, Author and Musician  
Robert Cinnante, Executive Director

### Audience Q & A

Presented virtually on  YouTube

Sponsored by



Saint Mary's Hospital  
Trinity Health

Dr. Vincent de Luise

# Thank You!



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## Dr. Vincent de Luise

# Andrew Schulman

Hailed by the New York Times for having “graceful introspection and an ear for timbral shading,” **Andrew Schulman** is a versatile musician. He is a solo guitarist, bandleader, medical musician, author, lecturer, and consultant in the field of music and medicine. Mr. Schulman has appeared as soloist throughout the United States and Europe in venues ranging from Carnegie Hall to Lincoln Center in New York City, to the Royal Albert Hall and the Chelsea Arts Club in London. Over a four-decade long career he has had steady engagements in New York City at The Palm Court at the Plaza Hotel and Windows on the World. He developed his engaging stage presence during a three-year stint doing music and comedy in the New York clubs, The Improv and Dangerfield's. He has recorded CDs for the Centaur label.



Mr. Schulman founded the Abaca String Band, a string quintet, in 1991. They appeared on the Carnegie Hall Neighborhood Concert Series as well as The White House, Newport Music Festival, the Library of Congress, Chautauqua Institution, and Musikfest among others.

A new journey began in July 2009 when, after lying in a coma for three days in the Surgical Intensive Care Unit in Beth Israel Medical Center in New York City, Mr. Schulman's life was saved by the music of J.S. Bach (played via his iPod). The power of music to heal was made manifest and inspired him to give back with his guitar. Once recovered, he received permission to return to that same ICU as a musician.

Working closely with the doctors and nurses in the unit, he developed the specialty called Medical Musician, bringing professional musicians trained in pertinent aspects of critical care medicine into ICUs as members of the medical team. Mr. Schulman was the resident musician in critical care at Beth Israel from 2010-2016 and then at NYU Langone in 2017. He was the Medical Musician in Critical Care at Berkshire Medical Center in Pittsfield, MA from 2016-2020. He is now the Visiting Artist/Medical Musician in the Arts and Humanities Program at Georgetown University Hospital in Washington, D.C.

Mr. Schulman has returned to the concert stage after ten years of dedicating himself to this medical musician work. In October 2019 he gave a highly acclaimed solo recital at Carnegie Hall in New York and is currently booking more concerts.

# Dr. Vincent de Luise

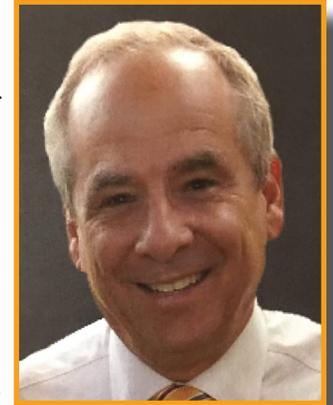
In September 2017, he became the first musician to be accepted as a professional member of the Society of Critical Care Medicine (SCCM). He was appointed to a three-year term on the SCCM ICU Liberation Committee in 2020. The committee was established to improve the conditions for patients in critical care and Mr. Schulman was included to focus on the use of music to alleviate pain, help patients sleep better, and to prevent ICU Delirium. In May 2019 Mr. Schulman began serving as a consultant to the Vanderbilt University Medical Center-Therapeutic Music in the ICU project for hospitalized patients, a two-year program.

In April 2018 he co-founded the Medical Musician Initiative (MMI), a 501(c)(3) not-for-profit organization. The Medical Musician Initiative trains professional musicians in pertinent aspects of critical care medicine and related areas in order to incorporate them into ICU medical teams, thereby enhancing the healing process of critically ill patients using music as medicine.

Andrew Schulman and his wife, Wendy Sayvetz, are the subjects of Josh Aronson's documentary film *Andrew & Wendy* (2015) that has aired multiple times on PBS-TV. He is the author of *Waking The Spirit: A Musician's Journey Healing Body, Mind, and Soul* (Macmillan:Picador). Since its release in the U.S. in August 2016 *Waking the Spirit* has been chosen as an Oliver Sacks Foundation Best Book of the Year Selection, Finalist for the Books for a Better Life Award, and a People Magazine Pick in Nonfiction. Its foreign releases include translations into Turkish, Slovakian, and Chinese.

Andrew and Wendy live in New York City with Phoebe, their Yellow Labrador Retriever.

**Vincent P. de Luise, M.D.**, is the Cultural Ambassador of the Waterbury Symphony, a post created by the WSO in 2016. In this role, he offers several of each season's pre-concert insights, area lectures on music and chamber music recitals and is a program annotator for the Symphony.



Dr. de Luise is an Assistant Professor of Ophthalmology at Yale University School of Medicine, Adjunct Assistant Professor of Ophthalmology at Weill Cornell Medical College and a Distinguished Visiting Scholar in Medical Humanities at Stony Brook University School of Medicine. He is a Magna cum Laude and Phi Beta Kappa graduate of Princeton University and the Weill Cornell Medical College. He performed his medical internship at the University of California San Francisco (UCSF), his ophthalmology residency at the Bascom Palmer Eye Institute of the University of Miami and was a Heed Foundation Fellow at the Proctor Foundation of UCSF in corneal diseases and transplant surgery.

Dr. de Luise has had a successful 30-year career as an eye physician and surgeon and was named to Woodward-White's "Best Doctors in America." He is a senior honor award recipient of the American Academy of Ophthalmology and program chair of the Connecticut Society of Eye Physicians. He is on the editorial boards of the international journal, *Cornea*, and the journal, *Eye World*. He lectures nationally and internationally in ophthalmology, as well as in the domain of the medical humanities.

Dr. de Luise is deeply involved at the intersection of music, art and medicine. He serves on the Humanities and Medicine Committee and the Music and Medicine Initiative at Weill Cornell Medical College as advisor and program annotator. As a 2013 Harvard University Fellow in its Advanced Leadership Institute, he developed a program, medical humanities education for medical schools, which he is working on at a national level. He is a clarinetist and an active chamber music recitalist, he has studied with the principal clarinetists of the San Francisco Symphony Orchestra, the Florida Philharmonic and the New York City Ballet, and currently studies with clarinet pedagogue and Van Doren Concert Artist, Jenny McClay.

Apart from his work as Cultural Ambassador of the Waterbury Symphony Orchestra, Dr. de Luise is president of the Connecticut Summer Opera Foundation, serves on the Board of the Connecticut Virtuosi Orchestra and writes frequently about music and the arts. His published articles and essays on the humanities and medicine are archived at the Hektoen International Journal of Medical Humanities (<https://hekint.org/>) and at his blog, *A Musical Vision* ([www.amusicalvision.blogspot.com](http://www.amusicalvision.blogspot.com)).



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Since 1938!***

# Robert Cinnante

**Robert Cinnante** is a community-driven arts leader with more than a decade of combined experience as a performer and arts administrator. His appointment as Executive Director of the Waterbury Symphony Orchestra, beginning May 2017, came after having served as the Statewide Director of Education & Outreach at Virginia Opera. Previously he was the General Manager of Music for Food, a musician-led initiative for hunger-relief founded by Grammy Award winning violist Kim Kashkashian, a position he held from 2013 to 2015.



Mr. Cinnante also regularly acts as a consultant to artists and arts organizations. Past clients have included Emmanuel Feldman, D'Anna Fortunato, Sir James Galway, Formosa Quartet, Benoit Rolland, Triple Helix Piano Trio, and Virginia Commonwealth University's Global Summer Institute of Music. He has also written articles and delivered lectures on a variety of topics surrounding the arts, such as arts education, audience and community engagement, and career preparation for young artists. Cinnante is a graduate of New England Conservatory in Boston, MA where he received a Bachelor and Master of Music, studying with Vinson Cole and Patricia Misslin.

## In Gratitude

The WSO is continuously grateful to our healthcare workers, first responders and all those working to keep us safe and healthy during these trying times.

**Saint Mary's Hospital  
thanks the Waterbury  
Symphony Orchestra  
for your gift of music!**

We are proud to support you.



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LEIF BJALAND, MUSIC DIRECTOR & CONDUCTOR

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